

Principal's Page

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LUNCH APPLICATIONS DUE

Carry over from last year's eligibility for free and reduced lunch expires on 9/24. Please turn in your application prior to this date.

SUPPORT THE PTA 2014-15 CAMPAIGN

Help the PTA and win an Amazon Kindle! Info packets are in your child's Friday folder.

CAFÉ LA EIGHT

Due to popular demand, Café la Eight will start earlier this year! Starting September 19, the Café will be open (during the fall) on the **third Friday** of the month before the Friday Flag Ceremony, 7:45-8:25 a.m. in front of the gym. We will have hot cocoa, coffee, tea & goodies available for \$1.00 each. Please support the 8th graders who are raising funds for their 2015 graduation. A flyer with more details will be in the Friday Folders later in September.

STUDENT COUNCIL OFFICERS

Our student officials for the upcoming school year are: President – Halle Neumann; Vice-President – Nathan Nunes; Secretary – Alliah Cope; Treasurer – Nikolena Coonen; Sergeant At Arms – Wiley Drummond Commissioner of Dance – Rebecca Jurado; and Commissioner of Communication – Rachel Garcia and Reese Wheeler.

NUTRITION NUGGET

Did you know that breakfast is the most important meal of the day? Research shows that kids who eat breakfast get better grades, pay more attention in class, and behave better. So why not set the alarm to allow for 10-15 minutes to provide an unhurried breakfast. Make it healthy with a mix of protein (such as milk, eggs, cheese, or meat) and carbohydrates (whole-grain cereal, fruit, or whole-wheat bread). The carbohydrates boost the energy and help your child jump start the day, while the protein keeps the body going strong until lunchtime. Here is a kid friendly serving suggestion:

Waffle Wonder – Toast a whole-grain frozen waffle. Put sliced strawberries around the edge and fill with a handful of blueberries. Serve with a side of low-fat flavored cottage cheese or yogurt. Bon Appetit.

SITE COUNCIL/CHARTER COUNCIL

We would like to welcome the newest members to our Site Council/Charter Council Committee, **Neysa King** and **Carrie Ferrero**. Our first meeting will be September 9th at 3:15 p.m., in the library. The public is welcome to attend all meetings.

LIBRARY NEWS

A HUGE thank you to the Nevada City Elks Club for their generous donation which is enabling the library to replace our old set of state books with an updated version. The books will be ready to check-out in a couple of weeks.

Another big thank you to the Chicago Park families who have kindly donated books to our library. Depending on condition or need, these gently used books have been added to our library holdings, placed on our Honor Check-Out rack, or given to deserving students in the Student of the Month greatness drawings. We will also re-sell some of these books at a Friends of the Chicago Park Library book sale on Friday mornings before the flag salute. Just come see one of our library helpers from about 8:00 a.m. until the bell is rung, and we will be happy to assist you. Prices will be \$0.25 -\$0.50 per book, and proceeds will be used to help replace our outdated books on the countries of the world.

POSITIVE OUOTE

"Work hard for what you want because it won't come to you without a fight. You have to be strong and courageous and know that you can do anything you put your mind to. If somebody puts you down or criticizes you, just keep on believing in yourself and turn it into something positive."

Leah LaBelle

CLASSICAL MUSIC PROGRAM

Week of: Sept. 08 – 12 Composer: Brahms

Piece: Clarinet Quintet 3. Andantion Presto

Week of: Sept. 15 – 19 Composer: Vivaldi

Piece: "Autumn" from Four Seasons

SEPTEMBER CALENDAR

09 – Site Council/Charter Council Meeting 3:15

11- **Board Meeting** 4:30

19 – Progress Reports 4th - 8th

23-25 - Parent/Teacher

Minimum Day 1st - 8th 12:30 Dismissal

26 – **SOM Assembly** 8:45

OCTOBER CALENDAR

13-17 - October Break No School

23 – Picture Retakes

Next Principal's Page – September 19, 2014 Article Deadline – September 15, 2014