

MEALS ARE FREE TO EVERYONE

OCTOBER 2024 CHICAGO PARK

ALL MEALS SERVED WITH MILK,
FRUIT, VEGGIE
VEGETARIAN ALTERNATIVE
OFFERED DAILY

Monday

Tuesday

Wednesday

Thursday

Friday



PIZZA
GARDEN SALAD 1

CHICKEN
QUESADILLA/CHIP
CHILE LIME COLE
SLAW 2

CHEESEBURGERS
FRIES 3

CHICKEN
DRUMDTICKS
MASHED POTATO
GREEN BEANS 4

Breakfast for lunch 7
SAUSAGE, EGG,
CHEESE,
BISCUIT
HASH BROWNS

PIZZA
GARDEN SALAD 8

LASAGNA ROLL
UP
CARROTS 9

EGG ROLLS
CONFETTI EICE 10

CHICKEN
BURGERS
BROCCOLI SALAD 11

OCTOBER BREAK

18

POPCORN
CHICKEN
TATER TOTS 21

PIZZA
GARDEN SALAD 22

CHICKEN
QUESADILLA
TEX MEX CORN 23

CHEESEBURGERS
FRIES 24

SHEPHERD'S PIE
CELERY STICKS 25

BEAN & CHEESE
BURRITO
SWEET PEPPERS 28

PIZZA
GARDEN SALAD 29

MINI CORN DOGS
SWEET POTATO
TOTS 30

SUB SANDWICH
PASTA SALAD 31



Cold Breakfast served everyday

Monday/ cereal Tuesday/ muffin Wednesday bagel & cream cheese Thursday yogurt & granola bar Friday pastry